

# LUNCH MENU

HOURS : TUES- FRI 11AM - 3 PM

ASK ABOUT OUR SIGNATURE COCKTAILS!

## STARTERS

### CARIBBEAN WINGS \$13

choice of jerk smoked, mango habanero, honey jerk, or Caribbean BBQ. +fries for \$2

### COCONUT SHRIMP \$14

coconut crusted shrimp, served with a side of sweet chili sauce. +fries for \$2

### ELOTE \$8

sweet charred corn on the cob dipped honey jerk better, cotija cheese, and chili lime salt

### JAMAICAN PATTY \$5

your choice of traditional Jamaican patty in savory beef or vegetable (v.)

## SOUPS & SALADS

### CHICKEN TORTILLA SOUP \$8/12

savory soup of chicken, garlic, tomato, corn and onion in a served with tortilla strips

### CARIBBEAN WEDGE SALAD \$12

romaine wedge topped with blue cheese, tomato, green onion, and blue cheese  
+ chicken \$5, shrimp \$6, steak \$7, salmon \$10

### TROPICAL ISLAND SALAD \$12

mixed greens, dried cranberry, mandarin orange, green onion, cilantro, and coconut with honey lime vinaigrette  
+ chicken \$5, shrimp \$6, steak \$7, salmon \$10

### 14 PARISH TACO SALAD \$12

taco shell, romaine, tomato, black beans, colby jack cheese, and green onion served with catalina dressing  
+ chicken \$5, shrimp \$6, steak \$7, salmon \$10

## HANDHELDS *Served with fries*

### JERK CHICKEN CESAR WRAP \$14

jerk chicken, red onion, romaine, parmesan cheese, and spicy cesar dressing

### STEAK FAJITA WRAP \$17

marinated steak, lettuce, tri-color peppers, onion, avocado, and chipotle mayo

### JIBARITO \$15

jerk chicken, romaine, tomato, american cheese, and garlic butter on a plantain bun (sub steak + \$3)

### JERK CHICKEN CLUB \$15

jerk chicken, hickory bacon, lettuce, tomato, avocado, and pepper jack cheese

### REGGAE BURGER \$15

angus beef, hickory bacon, LTO, avocado, & chipotle mayo. (sub. chicken or vegan patty)

### THE CUBAN PANINI \$16

smoked ham, hickory bacon, pepper jack cheese, mango pepper jelly on, Hawaiian bread

### 14 PARISH TACO PLATTER \$14

3 jerk chicken tacos served with a side of rice and beans (sub steak + \$3)

## SIDES

### SWEET FRIED PLANTAINS \$5

### RICE & PEAS \$5

### FRENCH FRIES \$5

### SIDE SALAD \$6



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WE BRING PARADISE TO EVERYDAY LIFE!

CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, EGGS OR UNPASTEURIZED MILK MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS. OUR CESAR DRESSING CONTAINS RAW EGGS. PARTIES OF 6 OR MORE WILL BE CHARGE 18% SERVICE FEE.

PRICES SUBJECT TO CHANGE WITHOUT PRIOR NOTICE. PLEASE INFORM YOUR SERVER OF ANY ALLERGIES OR DIETARY RESTRICTIONS.